

ART INDEED WITH DANA BEAULIEU: Open Studio

The Freedom Sessions

Tuesday night expressive painting 6:30-9:30pm

February 17, 24

March 3, 10

\$75.00

Opening exercise to release the stressful day and stir your creative energy

Expressive painting in an encouraging environment

Lots of space

Some materials provided

Experience Expressive Art - 6 week course Immerse yourself in the magic of expressive art!

Sculpture, Painting, Poetry, Music, Movement and Play

Tuesday nights 6:30-9:30pm

March 24, 31

April 7, 14, 21, 28

\$175.00

Each night we will embark into the world of pure delight in creation
as Danah takes you on a creative venture - from clay to poetry to paint!
Dare to make some serious art from serious play!

ColourPLAY - "Expressive Painting - At the Easel"

Guided by the body's chakra system and history's great masters we will
explore colour as element and energy. Discover your inner artist in this unique and
inspiring painting class.

Thursday nights 6:30-9:30pm

April 23, 30

May 7, 14, 21, 28

\$175.00

Red - At the Moulin Rouge (Matisse and Lautrec)

Orange - Purely Personal - Marc Chagall

Yellow - The Joy of Van Gogh

Green - The Open Green - Kandinsky

Blue - Picasso's Blue Period

Indigo - Odilon Redon's Imagination

Violet - The spirit of Miro

TO REGISTER: 519-977-1829 or email: danah@art-indeed.com

LOCATION: Prince Rd. (previously the Good Shepherd Convent)

Danah Beaulieu and Art InDeed!

I am an expressive/therapeutic art practitioner, professional facilitator, an educator and artist. Through my expressive arts practice and business: Art InDeed, I explore the power of the expressive arts for healing, personal growth, fun and self-exploration with children, adults and seniors.

To name a few, currently and in the past, I have offered healing through art/creativity sessions, courses and workshops at Hospice of Windsor, Maryvale Adolescent and Child Services, House of Sophrosyne Rehabilitation Centre, Teen Health Centre, AIDS Committee of Windsor and Essex County, Alzheimer's Society, and St.Clair College.

I am a graduate of the University of Windsor and a graduate of the Expressive and Healing Arts Post-Graduate Program of the Haliburton School of Arts. As a graduate of the University of Windsor in Multicultural Studies, I went on to work locally and internationally as a program designer and public educator for the not-for-profit sector in education, community development, cross-cultural understanding and health promotion.

I also offer private art sessions for the public (the sessions listed above). My sessions use art for the purpose of increasing well-being. They are fun, uplifting and refreshing! These private sessions and courses are designed for everyone from the seasoned artist to the novice/beginner!

Not only are the art sessions offered for fun but also are offered as an additional therapeutic modal or stand-alone process for anyone interested in the healing power of art and creativity.

Looking forward to meeting you!

Danah

